



**This year feels like  
our world is turned  
upside down.**



**We feel it, too.**

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At NAMI Chicago, we took a deep breath. *We held on to what we know to be true, and recalibrated to answer the needs of our community.*

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# We doubled down and flipped the script.

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**By March 18**, we transitioned all support groups to virtual.

**By April 1**, our Helpline had more than doubled our call volume as people reached out to us for support, guidance and education.

**By June 1**, we raised more than \$180,000 for our Helpline Assistance Fund, to support the increased mental health, shelter, food and basic needs of our community.

**During the first three months of the stay at home order**, we provided 875 nights of shelter and 189 food deliveries to those in need.

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At NAMI Chicago, we took a deep breath. *We held on to what we know to be true, and recalibrated to answer the needs of our community.*

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**To advocate, support,  
and show up for those  
who need us.**

**From the Helpline to the front lines to online,  
we are mobilizing to heal and prioritizing  
mental health for our community.**

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So much is shifting. In the past few months, we have seen a Chicago that has altered our perspectives. It has exposed the vulnerabilities in our city's safety net and brought to light injustices, big and small.

We cannot talk about healing without talking about equity. As this year's events unfolded all around us, NAMI Chicago looked inward as well. We published a new mission, vision and values statement. We made equity the core of our Recovery Model, which guides how we talk about wellness and healing in the community.

Demand remained high but we did not miss a beat. We paused and reflected that the wellness of our employees is essential for serving our community. We named a Chief Wellness Officer, and built out health advocacy and wellness programming for our team, offered free therapy for staff and revamped our health insurance — to ensure that we are investing as much in our team's wellbeing as we are in those we serve.

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Mobilize with us at [namichicago.org/annualreport](https://namichicago.org/annualreport).

## Human connection looks a little different these days, but it remains the root of healing.

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Lack of connection hurt all of us this year. You reached out to us, and we reached out to you. We created platforms for people to connect and share their experiences, using every means possible — going virtual for our awards dinner, NAMIWalks and education sessions. And with the renewed sense of connection, we began to heal.

**For those who are not ready to talk, we are here for you at [namichicago.org](https://namichicago.org).**

**[Our new website has been visited 120,000 times this year.](#)** It's a safe space where our community finds helpful tips for wellness, youth inspired content, resources for mental health and community needs, and so much more.


**For many, the line between work and home has blurred.**

We have served 65 workplaces through mental health consultation and education this year, with an 800% increase in workplace training attendees compared to before the pandemic. We also released a workplace wellness toolkit in April, to help guide prioritization of mental health in organizations.

NAMI Chicago also partnered with community members and organizations to help people get back to work. We have added nine staff members this year, and our own employment program has grown to meet community needs. At more than 50 people strong, nearly every person on our team has lived experience, and we prioritize that leadership.

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**At the center of it all is equity. It is a part of everything we do — every conversation, and every step forward.**



**97%** of people who attended a virtual support group this year said the experience was helpful and positive, and **96%** said they would recommend our groups to others.

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## Anti-Racism Statement

NAMI Chicago's core values are trust, support, collaboration, and equity.

Racism and structural inequities in our city and country have caused deep pain, loss, and trauma. As an organization, we acknowledge this, and as individuals, we experience and witness it.

NAMI Chicago vows to act and advocate. Apathy and silence are not our response. We understand that opposing racism is not the same as promoting inclusion. For our entire community, NAMI Chicago will be a vocal opponent of systemic racism and the inherent biases that allow it to continue. Guided by our values and the vision of a safe and well city, we are deeply committed to creating sustainable structures to not just fight racism but foster a truly equitable society.

We vow to amplify the voices and influence of those who have experienced racism and trauma and who are asking for resources to heal. We vow to keep learning and growing together and to always be listening. We vow to continue to be transparent with our community about our work and values. We commit to anti-racism in our hiring and organizational practices, partnerships, and advocacy priorities.

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## Financials

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July 1, 2019–June 30, 2020

### STATEMENT OF FINANCIAL POSITION

<b>Assets</b>	
Cash + Cash Equivalents	\$2,276,341
Accounts Receivable	\$645,645
Prepaid Expenses	\$6,072
<b>Total Current Assets</b>	<b>\$2,928,058</b>
Property and Equipment	\$127,575
Investments and Other Assets	\$129,593
<b>Total Assets</b>	<b>\$3,185,226</b>
<b>Liabilities and Net Assets</b>	
<b>Liabilities</b>	
Accounts Payable and Accrued Expenses	\$52,026
Deferred Revenue	\$9,325
Deferred Rent Expense	\$27,994
Unexpended Grant Liability	\$73,305
<b>Total Liabilities</b>	<b>\$162,650</b>
<b>SBA Payroll Protection Program Loan</b>	<b>\$340,980</b>
<b>Net Assets</b>	
Unrestricted	\$2,232,386
Temporarily Restricted	\$449,210
<b>Total Net Assets</b>	<b>\$2,681,596</b>
<b>Total Liabilities and Net Assets</b>	<b>\$3,185,226</b>

### STATEMENT OF ACTIVITIES

<b>Support and Revenue</b>	
Grants and Program Revenue	\$1,769,381
Contributions	\$1,097,142
Fundraisers (net of direct costs)	\$400,653
Membership Dues	\$3,435
Investment/Interest Income	\$26,374
Miscellaneous	\$3,804
<b>Total Support and Revenue</b>	<b>\$3,300,789</b>
<b>Expenses</b>	
Program Services	\$2,206,016
Support Services	
Administrative	\$339,559
Fundraising	\$199,263
<b>Total Expenses</b>	<b>\$2,744,838</b>
Net Assets Beginning of Year	\$2,125,645
<b>Net Assets End of Year</b>	<b>\$2,681,596</b>

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## \$100,000+

AT&T  
Estate of Barbara A. Pikovnik  
Pritzker Foundation

## \$99,999-\$50,000

Chavez-Tatro Foundation  
Eddy & Lisa Eisenberg  
Michael Reese Health Trust  
Phyllis & Perry Schwartz Foundation  
United Way Of Metropolitan Chicago

## \$49,999-\$25,000

Estate Of Mr & Mrs Charles Drosos Jr  
Pathlight Mood & Anxiety Center  
Tengelsen Family Foundation

## \$24,999-\$10,000

Charlyn & Brian Anderson  
Barton Management, Inc.  
Burt Family Foundation  
Caerus Foundation  
Chicago Cubs Charities  
Dr Philip & Mary Janicak  
GTCR  
How Is Your Mental Health  
Illinois Department Of Human Services  
Jack & Jill Of America  
Brion & Sandy Johnson  
Johnson & Johnson Health Care Systems  
Keating Family Foundation  
MADO Healthcare  
Paul & Pearl Caslow Foundation  
The University Of Chicago  
Walter & Karla Goldschmidt Foundation

## \$9,999-\$5,000

Becknell Industrial  
Melanie Schnoll Begun  
Anthony Czech  
Jack Dunn  
Encore Event Technologies, Inc  
Fegan Scott  
Donnie & Alexandra Fitzgarrald  
GForce Life Sciences  
Diane Kahan & Daniel J Hyman  
Henry & Laurel Latimer  
Lundbeck  
Lutheran Social Services Of Illinois  
LYC Products  
Marino Chrysler Jeep Dodge  
Suzu & David Neithercut  
Network For Good  
Neurocrine Biosciences  
Publicis Health  
Jess Rappé  
Rush University Medical Center  
Silver Oaks Behavioral Hospital  
Sunovion  
Taft Stettinius & Hollister LLP  
The Braeside Foundation  
Thorek Memorial Hospital  
Thresholds  
Trilogy

## \$4,999-\$2,500

Advocate Illinois Masonic Medical Center  
Joe Alfirevich

Stephan Benzkofer  
Dianne Blanco  
Bulley & Andrews  
Linda Buonanno  
CA Ventures  
Julie Colman-Hurt  
Lee Anthony Dudley  
Jane & Tim Eaton  
Mimi & Ed Fiorentino  
Gateway Foundation  
Jay Gilmore  
Jill & Craig Kouri  
Harriet & Jim McDonald  
Michael McGuire  
Pritzker Pucker Family Foundation  
Earl Rix & Marie-Claire Cunningham  
Marc Robbins  
Marcia & Michael Schumacher  
SIR Management  
Dean Stork & Becky Hughes  
Jennifer Tengelsen  
The Chicago Community Trust  
The Hannon Financial Group  
University Of Chicago Crime Lab  
Valuation Research Corporation  
Walters & Mason Retail

## \$2,499-\$1,000

Steven Baerson & Laurie Sandman  
Prudence Beidler  
Michael Bernico  
Julie & Edward J Burke  
CAF America  
Colleen Marian & Doug Chavez  
Kate Collins  
Collins Family Heritage Foundation  
Janet & Richard Cremona  
Marcia & Greg Curtis  
Edward & Sherrie Donovan  
Dot Foods  
Brian C Eaton  
John Eisel  
Jennifer Eisenberg  
Mary Jo & Robert Fasan  
Anita & James Frank  
Jennifer & Scott Gray  
Carolyn Grisko  
Paula & David Harris  
Pastor Christopher Harris  
Dr Molly Hartrich  
Laura Hearn  
Judith Hefter Berlin  
Riveredge Hospital  
Institute For Intergovernmental Research  
Bambi Jacoby & Joel Schechter  
Jersey Mike's Subs - Franklin Park  
Jeffrey Jay Korman  
KPMG  
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Dan Loftus  
Laura Melcher  
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Motorola Solutions Foundation  
Kristen Napleton Hrones  
Richard & Marsha Newman  
Meghan O'Brien

Maya Menon O'Connor & Kevin O'Connor  
Otsuka America Pharmaceutical  
Vicky Papoutsis  
Matthew Petterson  
Pat Price  
Patrick Rigney  
Jackie & Steve Robbins  
Ruth & David Rosenbloom  
Gary Safron  
Schwab Charitable  
Todd W Slattery  
Hugo Sonnenschein  
David Stricklin  
Dr Shastri & Tara Swaminathan  
The Chicago Patrolmen's Federal  
Credit Union  
The Gerald Norton Foundation  
United Way Of Metropolitan Atlanta  
Alexis & Brian Washa  
Michael Wojcik  
Woods Fund  
Yu Zhang

## \$999-\$500

Abbvie  
Kate & Daniel Adamany  
Ann & John Amboian  
Marie Ankenman  
Dr Mark Atkins  
Sonia & Jay Austin  
Janet & Brian Creevy Avery  
Cathy & Ron Balsewich  
Christopher Beal  
Augie Beley  
Kate Berkvam  
Maddie Berkvam  
Scott Berry  
Leslie & Ralph Bishop  
Mary Jo & Norman Bowers  
Danielle Justine Brink  
Scott & Regina Brun  
Louis Cairo  
Chicago Spirit Brigade  
Jane & John C Colman  
Maria Connolly  
Kimberly Copp  
Carol Ann Courtney  
Sean Crotty  
Clare Davison  
Martin Dwyer & Mary Gabel  
Dana Erdman  
Fleur Inc.  
Ben Frank & Katie Bogacki  
Kathleen Gaffney  
Mary Galloway  
Teresa Garate  
Juan Garcia  
Lois & Dennis Gates  
Marissa & Mike Geller  
Wendelyn Mitchell Gill  
Mark Goetz  
Adia Gooden  
Peter Graham  
Reese & Joel Gratch  
Haika Gay & Ashok Bhagwat  
Sharon Hartrich  
John Hartrich  
Angela Haynes

Denise & Scott Heller  
Mark Heyrman  
Humana, Inc  
Hyman & Susan Feldman  
Family Foundation  
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Eileen Mitchell  
Monahan Law Group  
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Laurence Msall & Dr. Nicola Hill  
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Roseanne & Gordon B Nash  
Nerdery  
Addam Piazza  
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Sam Sok  
Scott Steinman & Joyce Elias  
Honorable Sharon Sullivan  
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Mary & Brian Ternoey  
The Minton Firm  
John & Bernice Tulloch  
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Mallory Ulaszek  
Commander Antoinette Ursitti  
Sarah Van Valkenburg  
Cj Wiemer  
Thomas Witheridge

## \$499-\$250

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Jay Alexander  
John Alfirevich

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David Blau  
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Laura Botwinick  
Kathy Jo Bradley  
William Brew  
Karen Buric  
Evelyn Cato  
Julie & TK Chen  
Dante Ciccone  
Terese Connolly  
Thomas C Cronin  
Jessica Cuadros  
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Uzma Dorman  
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Katelynd Duncan  
Kamal Dutt  
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Brent Eaton  
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Epstein & Epstein  
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## NAMI Chicago

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