Sitting next to her in church.

Over breakfast listening about the struggle. Holding their hands for the tough conversation.

Reminding him he's not alone.

As many times as it takes.

Celebrating recovery at her new home. Waiting at the bus stop with him, because today it makes a difference. On the beat with an officer who is responding to heartbreaking tragedy, again.

We showed up.





Every day. In extraordinary ways.

This year has been incredible for NAMI Chicago. While the challenges are ever greater, we are moving the needle of change. It's an incredible achievement. And we couldn't do it without our community of tireless advocates and champions for mental health. We've been able to show up like never before to spread hope, support recovery and dismantle stigma.

We show up. Lives change. Theirs and ours.

We role-played a job interview with a man getting used to living independently and joined him on his Red Line commute for the first day of work.

We held the hand of an officer while he shared stories about his trauma for the first time, and made the link to services that would later save lives.

We sat beside brave advocates who told their stories to accomplish significant legislative and policy wins.

Lives Changed.

For those in the stories we have shared and for thousands of others over the past year, NAMI Chicago was there. We waited. We talked. And we listened without judgment. With every connection and conversation, stigma is reduced. And with your continued support, we will continue to show up in both real and remarkable ways. Because when it comes to mental wellness, we can't do this alone.



2.240 FIRST RESPONDERS

Crisis Intervention Team (CIT) and crisis management training reached

24% more

first responders to enhance their skills during mental health emergencies.

9.462 TEENS

Ending the Silence Program reached

75% more

teens to combat stigma and teach students how to help themselves or a friend in need of mental health support.

2,856 HELPLINE CALLS

The Helpline answered the call for

14% more

individuals, families and professionals.

From housing to crisis support, meeting people where they are, we connected people to life changing services.

SUPPORT GROUP ATTENDEES

Support groups and Family to Family classes brought together

300+ people

experiencing the pain and isolation that can accompany mental health conditions.

1,198 RESIDENTS

Moving On engaged

7% more

attendees in psychiatric nursing homes through outreach presentations and closely supported 58 residents in their transition to independent living.

2,616 COMMUNITY MEMBERS

Mental Health Awareness Training increased mental health literacy for

162% more

people and fought the stigma of mental illness.

FINANCIALS

STATEMENT OF FINANCIAL POSITION STATEMENT OF ACTIVITIES

Assets	
Cash + Cash Equivalents	\$2,201,906
Accounts Receivable	\$25,415
Prepaid Expenses	\$10,958
Total Current Assets	\$2,238,279
Property and Equipment	\$17,138
Investments and Other Assets	\$94,518
Total Assets	\$2,349,935
Liabilities and Net Assets	
Liabilities	
Accounts Payable and	625 C24
Accrued Expenses	\$25,631
Deferred Revenue	\$1,005
Deferred Rent Expense	\$21,201
Unexpended Grant Liability	\$338,709
Total Liabilities	\$386,709
Net Assets	
Unrestricted	\$1,771,693
Temporarily Restricted	\$191,533
Total Net Assets	\$1,963,226
Total Liabilities and Net Assets	\$2,349,935

Support and Revenue			
Grants	\$1,181,294		
Contributions Fundraisers (net of direct costs) Membership Dues Investment/Interest Income	\$287,000 \$346,523 \$3,869 \$3,922		
		Miscellaneous	\$1,370
		Total Support and Revenue	\$1,823,978
		Expenses	
Program Services	\$1,413,640		
Support Services			
Administrative	\$170,467		
Fundraising	\$124,069		
Total Expenses	\$1,708,176		
Net Assets Beginning of Year	\$1,847,424		
Net Assets End of Year	\$1,963,226		

You Showed Up.

To all of our donors who supported NAMI Chicago over the past year, we thank you. Giving at every level truly helps. To those listed on the following pages, and the 1,767 of you not listed who donated up to \$250, you are amazing. Your generosity is yet another way that you showed up, and it made all the difference.

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