

GENERAL INFORMATION

(Información General)

IL Dept. of Human Services (Public Aid)	312.793.4131
DHS Helpline (Case Status/Eligibility)	800.843.6154
IL Division of Mental Health	312.814.3784
Guardianship & Advocacy Commission	866.274.8023
IL Dept. of Public Health-Complaints (Nursing Home, ICF, Hospitals & SOF)	800.252.4343
Social Security Information	800.772.1213
Human Rights Authority	866.274.8023
IL Dept. of Aging	
• Elder Abuse/Neglect Hotline	866.800.1409
• Senior Helpline	800.252.8966

HOSPITALS – Emergency Department

(Hospitales)

Northwestern Memorial Hospital	312.926.5188
University of Illinois at Chicago	312.996.7297
Rush University Medical Center	312.947.0100
Advocate IL Masonic	773.296.5878
Mt. Sinai Hospital	773.257.6241

CITY OF CHICAGO – MAYOR'S OFFICE

(La Oficina del Alcalde de la Ciudad de Chicago)

City Services – Non-Emergency: Dial 311

People with Disabilities (59 years & younger)	312.744.6673
Chicago Department for Senior Services	312.744.4016
Chicago Department of Public Health	312.747.9884
Domestic Violence Helpline	877.863.6338

CRISIS SERVICES (Servicios de Crisis)

Suicide Prevention	1.800.273(TALK) 8255
Abuse & Neglect Hotline (DCFS) (24/hr)	800.252.2873 or 1.800.25ABUSE
Community Counseling Centers of Chicago–C4 (24/hr)	773.769.0205
Northwestern Hospital (24/hr)	312.926.8100

*Have questions or need help? Call NAMI Chicago's
Helpline: 312.563.0445*

*¿Tiene preguntas o necesita ayuda? Llame a la línea
de ayuda de NAMI Chicago.*

Information is also available at www.namichicago.org

NAMI
CHICAGO
RESOURCE
CARD

OCTOBER 2016

MENTAL HEALTH SERVICES

(Servicios de Emergencia de Salud Mental)

**In the event of a potential mental health crisis:
dial 911 and ask for a "C.I.T." officer**

*En caso de una posible crisis de salud mental:
Marque 911 y pregunte por un oficial de "C.I.T."*

Heartland Health Outreach <i>Mental Health & Addictions Services</i>	773.275.2586
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Lutheran Social Services	773.275.7962
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Thresholds	773.572.5400
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Circle Family Care	773.379.1000
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Community Counseling Centers of Chicago (C4)	773.769.0205
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Trilogy	773.508.6100
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Human Resources Development Institute (HRDI)	312.441.9009
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Advocate IL Masonic Outpatient	773.296.3220
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SUBSTANCE USE SERVICES

(Servicios para el Uso de Sustancias)

Lutheran Social Services	773.275.7962
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Haymarket Center	312.226.7984 (x480)
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Gateway Foundation (24/hr)	877.505.4673
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Bobby Wright Community Mental Health	773.722.7900
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Salvation Army Harbor Light Center Recovery House	312.421.5753
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LEGAL ASSISTANCE

(Asistencia Legal)

First Defense Legal Aid Legal Hotline (24/hr)	800.529.7374
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Cook County State's Attorney (Certificate of Commitment)	312.603.8600
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ADA (Employment Discrimination)	800.514.0301
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Equip for Equality (Discrimination Cases)	312.341.0022
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CARPLS: Coordinated Advice & Referral Program for Legal Services	312.738.9200
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HOMELESS SERVICES

(Servicios/Hogares para los Desamparados)

Thresholds Mobile Assessment	877.725.0572
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Heartland Health Outreach <i>1015 W. Lawrence</i>	773.275.2586
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Salvation Army Evangeline Booth Lodge Family Shelter <i>800 W. Lawrence</i>	773.433.5710
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The Night Ministry (ages 14-20)	877.286.2523
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The Crib Shelter <i>835 W. Addison (ages 18-24)</i>	773.549.4158
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Franciscan Outreach <i>1645 W. LeMoynes</i>	773.265.6683
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Northside Housing Uptown Interim Program <i>941 W. Lawrence</i>	773.564.9093
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Cornerstone Community Outreach <i>845 W. Wilson (Single Intake)</i>	312.744.2580
<i>10 S. Kedzie (Family Intake)</i>	312.746.5400

Breakthrough Urban Ministries <i>402 N. St. Louis</i>	773.346.1785
<i>3330 W. Carroll</i>	773.722.0179

Sarah's Circle <i>4838 N. Sheridan (Daytime)</i>	773.728.1991
<i>4750 N. Sheridan (Overnight)</i>	773.751.7473

Deborah's Place: Safe Haven	312.944.8810
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Mental health
advocacy, education
and support.

SERVICES FOR SURVIVORS OF TRAUMA

(Servicios para Sobrevivientes de Trauma)

Porchlight Counseling Services 773.750.7077

Free counseling to survivors of sexual violence that occurred at college.

Consejería gratuita para los sobrevivientes de violencia sexual que ocurrió en el colegio.

Rape Victim Advocates 312.443.9603

Counseling, education, and advocacy surrounding sexual violence.

Consejería, educación y abogacía sobre la violencia sexual.

RISE Children's Center (YWCA)* 312.733.2102

Counseling for survivors (ages 3-17)

LGBTQI SUPPORT SERVICES

(Servicios de Apoyo para LGBTQI)

Broadway Youth Center 773.935.3151

GLBT National Help Center 888.843.4564

Howard Brown Health Center 773.388.1600

The Trevor Project 866.488.7386

Center on Halsted 773.472.6469

HOSPITALS – Child/Adolescent

Mental Health Units

(Hospitales con Unidades de salud mental para niños/adolescentes)

Chicago Children's Center
for Behavioral Health* 312.491.5055

Chicago Lakeshore Hospital 773.878.9700

Riveredge Hospital* 708.771.7000

Lurie Children's Hospital* 312.227.4000

Rush University Medical Center 312.942.5437

Hartgrove Hospital* 773.413.1700

Garfield Park Hospital 773.265.3700

Roseland Hospital 773.995.3000

**Servicios disponibles en español*

Have questions or need help? Call NAMI Chicago's Helpline: 312.563.0445

¿Tiene preguntas o necesita ayuda? Llame a la línea de ayuda de NAMI Chicago.

Information is also available at www.namichicago.org

NAMI
CHICAGO
YOUTH
RESOURCE
CARD

OCTOBER 2016

COUNSELING AND PSYCHIATRY

(Servicios de Salud Mental y Psiquiatría)

South Side

Ada S. McKinley	773.918.6100
Pilsen Wellness Center*	773.890.0645
Metropolitan Family Services	312.986.4000

North Side

Advocate IL Masonic	773.296.3220
Alternatives, Inc.	773.506.7474
C4* (24/hr crisis line)	773.769.0205
DePaul University Family & Community Services	773.325.7780
Erie Teen Health Center*	312.666.3494
LSSI	773.282.7800
Thresholds Main Office	773.572.5400

West Side

Pilsen Wellness Center*	708.683.5500
UIC Pediatric Outpatient Services	312.996.7723
Under the Rainbow*	773.257.4750

SUBSTANCE USE SERVICES

(Servicios para el Uso de Sustancias)

Advocate IL Masonic	773.296.3220
AlaTeen	312.409.7245
<i>Support groups for teens impacted by alcoholism.</i>	
<i>Grupos de apoyo para los adolescentes afectados por el alcoholismo.</i>	
Gateway Foundation	877.505.4673
<i>Locations throughout Illinois.</i>	
<i>Ubicaciones a lo largo de Illinois.</i>	
Rosecrance	815.387.5615
<i>Locations throughout Chicago/Suburbs.</i>	
<i>Ubicaciones a lo largo de Chicago/Suburbios.</i>	

HOMELESS SERVICES

(Servicios/Hogares para los Desamparados)

Teen Living Program 3745 S. Indiana (ages 14-23)	866.803.8336
The Night Ministry (ages 14-20)	877.286.2523
The Crib Thresholds Shelter 835 W. Addison (ages 18-24)	773.549.4158

CRISIS SERVICES (Servicios de Crisis)

In the event of a potential mental health crisis: dial 911 and ask for a "C.I.T." officer
City Services – Non-Emergency: Dial 311

En caso de una posible crisis de salud mental: Marque 911 y pregunte por un oficial de "C.I.T."
Servicios de la Ciudad – Marque 311 para casos no urgentes.

CARES (Hotline)	800.345.9049
<i>24/7 mental health assessments for youth w/o insurance or Medicaid.</i>	
<i>Evaluaciones de salud mental para los jóvenes que no tienen seguro o Medicaid.</i>	
CCBYS (Hotline)	877.870.2663
<i>Provides support for youth who have runaway or are being "locked out" of their home.</i>	
<i>Proporciona apoyo a los jóvenes fugados o que están "encerrados fuera" de su casa.</i>	
Suicide Prevention	800.273.(TALK)8255
National Runaway Safeline	800.786.2929
YWCA Metropolitan Chicago Rape Crisis Hotline	888.293.2080



Mental health
advocacy, education
and support.

HELPLINES, HOTLINES & TEXT LINES

(Líneas de Ayuda, Emergencia y Líneas de Texto)

Abuse and Neglect Hotline (DCFS)	800.252.2873
CARES Line	800.345.9049
City of Chicago	311
CONNECT	http://connect.thekennedyforumillinois.org
Crisis Text Line	Text CHI to 741-741
Domestic Violence Helpline	800.799.7233
L.O.S.S. (Loving Outreach to Survivors of Suicide)	312.655.7283
NAMI Chicago	312.563.0445
Resource Center for Autism and Developmental Delays	312.746.5447
Suicide Prevention	800.273.8255

These confidential resources can help connect you to additional services and people who can help.

ORGANIZATIONS IN THE COMMUNITY

(Organizaciones en la Comunidad)

BBF	773.542.7300
Breakthrough Urban Ministries	
Men's Center	773.346.1785
Women's Center	773.722.0179
Catholic Charities	773.261.5330
Parents as 1st Teachers (Gads Hill Center)	312.226.0963
Primo Center for Women & Children	
Austin	773.379.1112
North Lawndale	773.379.1186
Youth Outreach Services (YOS)	773.777.7112

DEVELOPMENTAL DISABILITIES

(Discapacidades del Desarrollo)

Easter Seal Soc/ Metro Chicago	312.491.4110
Esperanza Health Services	773.584.6200

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En caso de una posible crisis de salud mental: Marque 911 y pregunte por un oficial de "C.I.T."

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Information is also available at www.namichicago.org

WHEN YOU
NEED HELP:
WEST SIDE
RESOURCES

AUSTIN, GARFIELD PARK + NORTH LAWNSDALE

MENTAL HEALTH SERVICES

(Servicios de Salud Mental)

Austin Counseling Center	773.921.7805
Bobby E. Wright Comprehensive Mental Health Center	773.722.7900
Catholic Charities	312.655.7725
Greater Lawn Mental Health Clinic	312.747.1020
Lawndale Christian Health Center-Behavioral Health	872.588.3000
I AM ABLE	773.826.2929
Marillac House	773.722.7440
Miles Square Health Center	312.996.2000
Mujeres Latinas en Accion	773.890.7676
Pilsen Wellness Center	773.579.0832
Thresholds	773.572.5400
Trilogy	773.382.4060
Under the Rainbow	773.257.4750

Many of the mental health and drug & alcohol providers listed on this card provide both services, in some cases including housing. Don't hesitate to reach out if you need assistance.



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DRUG & ALCOHOL SUPPORT

(Apoyo para uso de Drogas y Alcohol)

Anixter Center	773.565.3552
Gateway Foundation	877.505.4673
Habilitative Systems Inc.	773.261.2252
Revive Center for Housing and Healing	312.997.2222 (x229)

HOSPITALS

(Hospitales)

Garfield Park Hospital	773.265.3700
Hartgrove Hospital	773.413.1700
John Stroger Hospital of Cook County	312.864.6000
Jesse Brown VA Medical Center	312.569.8387
Loretto Hospital	773.626.4300
Mount Sinai Behavioral Health	773.257.5300
Presence Saints Mary and Elizabeth Medical Center	312.770.2317
Rush University Medical Center Outpt	312.942.0118
Saint Anthony's Psych Unit	773.484.4035
University of Illinois at Chicago-Psychiatry Outpt	312.996.2200

HOUSING & RESIDENTIAL TREATMENT

(Servicios de Vivienda y de Tratamiento Residencial)

A Safe Haven	773.435.8300
Central Plaza	773.626.2300
Columbus Manor Res Care	773.378.5490
Deborah's Place	773.722.5080
Interfaith House	773.533.6013
Pilsen Inn	773.927.1228
Sacred Heart Home	773.277.6868
San Jose Obrero Missions	312.243.4347

LEGAL ASSISTANCE

(Asistencia Legal)

CARPLS	312.738.9200
Equip for Equality	312.341.0022
First Defense Legal Aid	800.529.7374
Instituto del Progreso Latino	773.890.0055
Latinos Progresando	773.542.7077
Lawndale Christian Legal Center	773.762.6381