Recovery-Focused and Family Support Groups

Groups vary in size, focus, and location. Call, visit, ask questions, and make your own choices.

NAMI CHICAGO

1801 W Warner Ave Suite 202, Chicago, IL 60613
312.563.0445

Social Support Group (Recovery-Focused) - English
1st & 3rd Wednesday of each month
1- 2:30 pm
Jan 3 & 7, Feb 7 & 21, March 7 & 21

Español - Grupo de Apoyo para Familias y Personas en Recuperación (Family & Social Support Group in Spanish)
2º y 4º Jueves del Mes / 2nd & 4th Thursday of each month
11 & 25 de enero, 8 & 22 de feb, 8 & 22 de marzo

CITY OF CHICAGO

NORTH SIDE
IL Masonic Behavioral Health Services
Family - 2nd Tuesday of the month
312.563.0445 - 6:30 to 8 pm
836 West Wellington Ave - Room 1801

SOUTH SIDE
Oakdale Covenant Church
Family - 2nd Tues of the month
Nona Manns: 773.987.2070
9440 S. Vincennes Ave.

TRINITY UNITED CHURCH OF CHRIST
Family - 3rd Tuesday of the month
Dr Francine Bellamy: 773.771.9624
400 W. 95th St.

WEST SIDE
Third Unitarian Church
Family - 3rd Saturday of the month
10 am to 11:30 am
Leah Shapiro: 708.218.2102
301 N Mayfield Ave

SOUTH SIDE cont.

Mercy Hospital
Family - 1st Saturday of the month
10:30 am to 12 pm
Troy Jackson: 773.886.5397
2525 S. Michigan Ave. - Room 447

Saint Anthony Hospital - Spanish language
Family - 3rd Saturday of the month
312.563.0445 - 10 am to 12 pm
2826 W. Cermak Road

VARIOUS LOCATIONS

Depression & Bipolar Support Alliance
800.826.3632
www.dbssalliance.org

Recovery, Dual Diagnosis, GLBT & Allies, Family, Parents of Youth, & Veteran Groups in the city & suburbs, and an online Recovery Group. Find local chapters and group information on the DBSA national website.

GROW Support Groups
217.352.6989
www.growinamerica.org

Recovery Groups in the city & suburbs

Recovery International
312.337.5661
or toll free: 866.221.0302
www.recoveryinternational.org
Weekly peer led Recovery Groups in the Greater Chicago Area.

NAMI SUBURBAN GROUPS

NAMI Barrington Area
- Recovery: Arlington Heights
- Family: Arlington Hts & Lake Villa
- Parents of Youth: Arlington Heights
847.496.1415

NAMI Cook County North Suburban
- Recovery: Evanston, Park Ridge, Mt. Prospect & Chicago
- Family: Evanston, Highland Pk, Park Ridge, Skokie
- Parents of Youth: Highland Park & Wilmette
847.716.2252

Balance for Success Group in Winnetka - for those seeking to balance recovery from a mental illness with college or work life.
NAMI DeKalb, Kane-South & Kendall
- Family: DeKalb, St. Charles
630.896.6264

NAMI of DuPage County
- Recovery: Downers Grove, Westmont & Wheaton
- Family: Naperville, Oak Brook & Wheaton
- Parents of Youth: Wheaton
630.752.0066

NAMI Kane County North
- Family: Elgin & St. Charles
847.695.7957

NAMI Lake County
- Recovery: Waukegan
- Family: Gurnee
- Parents of Youth: Mundelein
847.249.1515

NAMI of McHenry County
- Recovery: Crystal Lake & Woodstock
- Family: Crystal Lake & McHenry
815.308.0851

NAMI Metro Suburban
- Recovery: Oak Park
- Family: Oak Park, La Grange
- Spanish language Group: Berwyn
- Veteran Support Group: Hines
708.524.2582

NAMI Northwest Suburban
- Recovery & Family: Arlington Heights
847.899.0195

NAMI Schaumburg Area
- Recovery & Family: Elk Grove Village
630.363.1846

NAMI Southwest
- Recovery & Family: Oak Lawn
708.425.0925

NAMI Will-Grundy
- Recovery: Joliet
- Family: Bolingbrook, Joliet & Morris
815.731.9103

SUBSTANCE USE SUPPORT GROUPS

Al-Anon/Alateen
www.niafg.org (northern IL)
888.425.2666

Support Groups for families & friends of alcoholics.

Alcoholics Anonymous Chicago Area Service Office
www.chicagoaa.org
815.346.1475

Families Anonymous
847.294.5877
familiesanonymous.org

For families & friends of those with substance abuse disorders.

Narcotics Anonymous
www.chicagona.org

English: 708.848.4884
Español: 708.848.5194