

HELPLINES, HOTLINES & TEXT LINES

(Líneas de Ayuda, Emergencia y Líneas de Texto)

Abuse and Neglect Hotline (DCFS)	800.252.2873
CARES Line	800.345.9049
City of Chicago	311
CONNECT	http://connect.thekennedyforumillinois.org
Crisis Text Line	Text CHI to 741-741
Domestic Violence Helpline	800.799.7233
L.O.S.S. (Loving Outreach to Survivors of Suicide)	312.655.7283
NAMI Chicago	312.563.0445
Resource Center for Autism and Developmental Delays	312.746.5447
Suicide Prevention	800.273.8255

These confidential resources can help connect you to additional services and people who can help.

ORGANIZATIONS IN THE COMMUNITY

(Organizaciones en la Comunidad)

BBF	773.542.7300
Breakthrough Urban Ministries	
Men's Center	773.346.1785
Women's Center	773.722.0179
Catholic Charities	773.261.5330
Parents as 1st Teachers (Gads Hill Center)	312.226.0963
Primo Center for Women & Children	
Austin	773.379.1112
North Lawndale	773.379.1186
Youth Outreach Services (YOS)	773.777.7112

DEVELOPMENTAL DISABILITIES

(Discapacidades del Desarrollo)

Easter Seal Soc/ Metro Chicago	312.491.4110
Esperanza Health Services	773.584.6200

In the event of a potential mental health crisis: dial 911 and ask for a "C.I.T." officer

En caso de una posible crisis de salud mental: Marque 911 y pregunte por un oficial de "C.I.T."

Have questions or need help? Call NAMI Chicago's Helpline: 312.563.0445

¿Tiene preguntas o necesita ayuda? Llame a la línea de ayuda de NAMI Chicago.

Information is also available at www.namichicago.org

WHEN YOU
NEED HELP:
WEST SIDE
RESOURCES

AUSTIN, GARFIELD PARK + NORTH LAWNSDALE

MENTAL HEALTH SERVICES

(Servicios de Salud Mental)

Austin Counseling Center	773.921.7805
Bobby E. Wright Comprehensive Mental Health Center	773.722.7900
Catholic Charities	312.655.7725
Greater Lawn Mental Health Clinic	312.747.1020
Lawndale Christian Health Center-Behavioral Health	872.588.3000
I AM ABLE	773.826.2929
Marillac House	773.722.7440
Miles Square Health Center	312.996.2000
Mujeres Latinas en Accion	773.890.7676
Pilsen Wellness Center	773.579.0832
Thresholds	773.572.5400
Trilogy	773.382.4060
Under the Rainbow	773.257.4750

Many of the mental health and drug & alcohol providers listed on this card provide both services, in some cases including housing. Don't hesitate to reach out if you need assistance.



Mental health
advocacy, education
and support.

DRUG & ALCOHOL SUPPORT

(Apoyo para uso de Drogas y Alcohol)

Anixter Center	773.565.3552
Gateway Foundation	877.505.4673
Habilitative Systems Inc.	773.261.2252
Revive Center for Housing and Healing	312.997.2222 (x229)

HOSPITALS

(Hospitales)

Garfield Park Hospital	773.265.3700
Hartgrove Hospital	773.413.1700
John Stroger Hospital of Cook County	312.864.6000
Jesse Brown VA Medical Center	312.569.8387
Loretto Hospital	773.626.4300
Mount Sinai Behavioral Health	773.257.5300
Presence Saints Mary and Elizabeth Medical Center	312.770.2317
Rush University Medical Center Outpt	312.942.0118
Saint Anthony's Psych Unit	773.484.4035
University of Illinois at Chicago-Psychiatry Outpt	312.996.2200

HOUSING & RESIDENTIAL TREATMENT

(Servicios de Vivienda y de Tratamiento Residencial)

A Safe Haven	773.435.8300
Central Plaza	773.626.2300
Columbus Manor Res Care	773.378.5490
Deborah's Place	773.722.5080
Interfaith House	773.533.6013
Pilsen Inn	773.927.1228
Sacred Heart Home	773.277.6868
San Jose Obrero Missions	312.243.4347

LEGAL ASSISTANCE

(Asistencia Legal)

CARPLS	312.738.9200
Equip for Equality	312.341.0022
First Defense Legal Aid	800.529.7374
Instituto del Progreso Latino	773.890.0055
Latinos Progresando	773.542.7077
Lawndale Christian Legal Center	773.762.6381