

Recovery-Focused and Family Support Groups

Groups vary in size, focus, and location. Call, visit, ask questions, and make your own choices.

NAMI CHICAGO



Mental health
advocacy, education
and support.

1801 W Warner Ave Suite 202, Chicago, IL 60613
312.563.0445

Social Support Group (Recovery-Focused) - English 1 - 2:30 pm
1st & 3rd Wednesday of each month

January 2 & 16, February 6 & 20, March 6 & 20

Family Support Group - English 6:30 - 8 pm
2nd Tuesday of each month

January 8, February 12, March 12

**Español -Grupo de Apoyo para Familias y Personas en
Recuperación (Family & Recovery Group in Spanish)** 6 - 8 pm
2º y 4º Jueves del Mes / 2nd & 4th Thursday of each month
10 & 24 de enero, 14 & 28 de febrero, 14 & 28 de marzo

CITY OF CHICAGO

SOUTH SIDE

Mercy Hospital

Family - *1st Saturday of the month*
10:30 am to 12 pm - 312.563.0445
2525 S. Michigan Ave - Room 447

Mercy Hospital

Recovery - *1st & 3rd Thursday of the month*
2 pm to 3:30 pm - 312.563.0445
2525 S. Michigan Ave - Room 425

Saint Anthony Hospital - Spanish language

Family & Recovery - *en español*
3rd Saturday of the month
10 am to 12 pm - 312.563.0445
Community Wellness Program
2826 W. Cermak Road

SOUTH SIDE cont.

Oakdale Covenant Church

Family - *2nd Tues of the month*
Nona Manns: 773.987.2070
9440 S. Vincennes Ave.

Trinity United Church of Christ

Family - *3rd Tuesday of the month*
Dr Francine Bellamy:
773.771.9624
400 W. 95th St.

VARIOUS LOCATIONS

Depression & Bipolar Support Alliance

800.826.3632
www.dbsalliance.org
Recovery, Dual Diagnosis,
GLBT & Allies, Family, Parents of
Youth, & Veteran Groups in the
city & suburbs, and an online
Recovery Group. Find local
chapters and group information
on the DBSA national website.

GROW Support Groups

217.352.6989
www.growinamerica.org
Recovery Groups in the city
& suburbs
Recovery International
312.337.5661
or toll free: 866.221.0302
www.recoveryinternational.org
Weekly peer led Recovery Groups
in the Greater Chicago Area.

NAMI SUBURBAN GROUPS

NAMI Barrington Area 847.496.1415
- Recovery: Arlington Heights
- Family: Arlington Hts & Lake Villa
- Parents of Youth: Arlington Heights

NAMI Cook County North Suburban 847.716.2252
- Recovery: Evanston, Park Ridge, Mt. Prospect & Chicago
- Family: Evanston, Highland Pk, Park Ridge, Skokie
- Parents of Youth: Highland Park & Wilmette
- *Balance for Success Group* in Winnetka - for those seeking to
balance recovery from a mental illness with college or work life.

NAMI DeKalb, Kane-South & Kendall 630.896.6264
- Family: DeKalb, St. Charles

NAMI of DuPage County 630.752.0066
- Recovery: Downers Grove, Westmont & Wheaton
- Family: Naperville, Oak Brook & Wheaton
- Parents of Youth: Wheaton

NAMI Kane County North 847.695.7957
- Family: Elgin & St. Charles

NAMI of Lake County 847.249.1515
- Recovery: Waukegan
- Family: Gurnee
- Parents of Youth: Mundelein

NAMI of McHenry County 815.308.0851
- Recovery: Crystal Lake & Woodstock
- Family: Crystal Lake & McHenry

NAMI Metro Suburban 708.524.2582
- Recovery: Oak Park
- Family: Oak Park, La Grange
Spanish language Group: Berwyn
- Veteran Support Group: Hines

NAMI Northwest Suburban 847.899.0195
- Recovery & Family: Arlington Heights

NAMI Schaumburg Area 630.363.1846
- Recovery & Family: Elk Grove Village

NAMI Will-Grundy 815.731.9103
- Recovery: Joliet
- Family: Bolingbrook, Joliet & Morris

SUBSTANCE USE SUPPORT GROUPS

Al-Anon/Alateen 888.425.2666
www.niafg.org (northern IL)
Support Groups for families & friends of alcoholics.

Alcoholics Anonymous Chicago Area Service Office 312.346.1475
www.chicagoaa.org

Families Anonymous 847.294.5877
familiesanonymous.org
For families & friends of those with
substance abuse disorders.

Narcotics Anonymous English: 708.848.4884
www.chicagona.org Español: 708.848.5194